

AH: As someone who participated first before leading, I know that it just gave me a new perspective on things to see and things to appreciate too. After my first outing with LO, I hadn't considered really taking a moment to learn and appreciate about the land I'm on and the Indigenous group that lived on that land, or currently live on that land. That's something that after going on my first event, really stuck with me. Now I make that a point at the beginning of all of our events. Once we've signed in and everyone's settled, just to take a moment to speak to who's land we're on and really appreciate that we're here too. That we get to share this land despite the [chuckle] egregious way we got here, [chuckle] and what's happened since, but to really appreciate that and take a moment. And I thought, "whoa! [chuckle] That changed my perspective a lot!" I really appreciated that as an attendee. Now, as someone who's leading some of those events, that's something that I've incorporated.